



Mark Russell

July 28, 1989 - June 13, 2022

Mark Russell

28 July, 1989 —13 June, 2022

Mark W. Russell of Ames, IA, died on June 13 after a brief illness. A remembrance service for immediate family members will be held on July 30.

Mark was born in Ames, IA to Alan and Laurel (Fritz) Russell. Mark's early years benefited from the guidance of his two older siblings, Kristen and Jeffrey. As a boy, he enjoyed playing baseball and was interested in track and field at an early age. At age 6, he completed all ten events of the decathlon (including the pole vault); this was done in one afternoon instead of the usual two full days. After completing the decathlon, he wrote a small, illustrated narrative of the experience, which was bound and still holds a place in the Russell family library.

Mark graduated from Ames High School in 2008 and completed three semesters in the geology curriculum at Iowa State University.

He struggled with severe anxiety and depression during his entire adult life. He was employed by Fareway Grocery in Ames where he worked in the produce department. Mark never married.

Mark was an enthusiastic reader and something of a self-taught expert on a wide array of topics. His friends and family observed that he was unusually well informed on scores of topics ranging from microelectronics to the Crimean War. He enjoyed travel and hiking and climbing mountains in Colorado and Utah with his friends and his parents.

Mark will be greatly missed by friends and relatives, including a sister, Kristen Springer of Denver, CO; a brother, Jeffrey Russell of Austin, TX; his father, Alan Russell of Mesa, AZ; and numerous uncles, aunts, cousins, nieces, and their spouses. He was preceded in death by his mother and grandparents. The family appreciate the patient, attentive medical care given to Mark during his final years by his physicians Ryan Grandgenett and Jack Dodd.

Tribute Wall

W-

“ Mark was a well beloved-friend, I like some others knew him primarily online so we never really hung out in person, however, we had plenty of good memories made playing games, watching videos and chatting online. He was a real standup guy who always knew how to make everyone smile. He was the realist guy I knew. Miss you, man, we all do.

w-wat - January 07, 2024 at 01:38 PM

FC

“ He was a friend and i had the chance to say i love him. I lost him and as a Christian i hope that there's a friend out there talking to some other friends and waiting for me to live a happy life like they did, just to meet me at the finish line to explain there's a lot more than just this. I still love him, i will never avoid love because he taught me something that even Shakespeare wasn't able to do.

Frank C. - August 31, 2022 at 09:21 PM

DA

“ Mark was my friend online. I'll really miss him, he was always kind and fun.

Dakin - August 01, 2022 at 10:10 AM

DE

“ Mark was a coworker of mine at Fareway, there was never a dull moment working with him, he is missed everyday. It was an honor to get to know him.

Derek - June 28, 2022 at 08:54 PM

TR

“ Kevin (my son) was a friend of Mark from Highschool. We are so shocked and saddened to hear of his passing. Sending condolences to the family. Sorry for your loss.

Teresa Ronk - June 26, 2022 at 12:14 PM

LS

“ 1 file added to the tribute wall



Laurel Scott - June 22, 2022 at 10:10 AM

LS

“ 2 files added to the tribute wall



Laurel Scott - June 22, 2022 at 09:28 AM