



## Doug Frederick

February 23, 1956 - September 16, 2020

Doug Frederick, 64, was born February 23, 1956 to Bob & Jan Frederick. He died unexpectedly of cardiac arrest in an ambulance after calling 911 with shortness of breath and tightness in his chest on September 16, 2020 in Ankeny, Iowa. It was painless and swift, and he did not suffer. Doug was able to donate skin, tissue, veins, bones, and his corneas. Helpful and giving right to the end.

Doug's nickname was "JEEP". He got the nickname from a pair of tennis shoes he had back in the day called Jeepers Creepers. The name stuck and eventually people started calling his little brother Don "Little JEEP". Don still preferred "BIG FRED" even though Doug was the much bigger brother. Big in more than one way: he was tall, standing at 6'5", and everyone knows what a BIG voice he had to match his BIG personality, and his heart was the BIGGEST of all.

Doug loved to eat. His mom used to joke that she had to set a 30-minute timer and when it went off he was done eating in her kitchen or else he would eat her out of house and home. He was a huge supporter of Ankeny, especially the local restaurants. In fact, he had his favorite tacos at The Clipper the night before he passed away.

Doug loved all sports. He played football video games from the time he was a teenager until the day he died. He was an avid Green Bay Packers fan. When

Doug was younger, he played on many softball teams. He made a host of friends playing ball. His favorite ball games were played with his 41 first cousins at the Cherry Glen Shelter grassy field every 4th of July for many years. Everyone wanted Doug on their team! He was content and happy in his last years after taking care of his beloved mom and dad until their deaths. He was a wonderful caregiver. Doug said, "I love you" to his "little 'seesters'" every signal time they talked to him. He will be missed by many.

Doug is survived by his children, son, Troy Frederick; daughter, Angela Tipton; his siblings, Lori Ayala (Steve), Lysa (Bill) Youngquist; Leslie Frederick (Eric); nieces, Maria Ayala and Allyson & Janna Youngquist; nephews, John Vaughan (who took excellent care of Doug in his final months and was his daily companion); Nick Ayala, and Billy & Bobby Youngquist. He was preceded in death by, his fiancée, Tracey Caudill; parents, Bob & Jan Frederick; brother, Don Frederick, and nephew Josh Vaughan.

Doug's Celebration of Life is postponed due to cold weather. The service will be held at Lutheran Church of the Cross, 1701 8th Street SW, Altoona, Iowa and we will update the obituary when services have been finalized. He loved this church and the members of the congregation were so good to him. He found his peace with God there.

Doug's cremated remains will be buried by his mom and dad at Ankeny Memorial Garden Cemetery.

Memorial Contributions will go towards a memorial bench at the Ankeny Sports Complex in loving memory of Doug and his love for sports. Please send cards to Lysa Youngquist C/O Dyamond Memorial, 121 SW 3rd Street, Ankeny, Iowa 50023.

# Tribute Wall

MW

“ I am so sorry for the loss of your family's beloved member, especially so young. I didn't get a chance to know him but I'm sure he was a kind, smart, loving person, Hugs, Margalea

Margalea Warner - August 22, 2023 at 12:33 PM

JV

“ Playing college football on Sega, All the great times we had laughing and watching sports during the day. I miss him still each and every day

John Vaughan - January 19, 2023 at 01:21 AM

MR

“ Lori and Family,

*Truly sorry to be so late for my condolences. I had talked to Doug at the Clipper on his last Taco Tuesday. We talked about softball memories, Donnie, my recovery from corona virus with it's after affects lingering and a host of things. I remember Doug giving a very nice compliment that night only to hear 2 days later he had passed from a lady.in DSM who happened to be at the Clipper that Tuesday. I was shocked like everyone else and I kept my eye open for his obituary but never came across it until today.*

*Doug was and still is remembered as as a good friend, team mate and very good person. Although saddened by his passing I am very grateful I had an opportunity to talk to him just prior.*

*Sorry for your loss. God Bless.  
With Regards, Mike Rote*

Mike Rote - December 29, 2020 at 11:29 PM

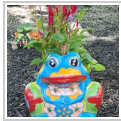


“ *Sherry Bear lit a candle in memory of Doug Frederick*



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**Sherry Bear** - September 28, 2020 at 09:09 PM



*Thinking of you Lysa and your family. Sending love and healing energy. Love you!*

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**Sherry Bear** - September 28, 2020 at 09:10 PM



“ *Lori Theilen lit a candle in memory of Doug Frederick*



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**Lori Theilen** - September 28, 2020 at 11:12 AM



“ *Some of the best times growing up were Jeep hauling us all to the Des Moines YMCA in the 'cuda to play hoops! RIP big guy.*

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**Brian Burns** - September 24, 2020 at 06:22 PM

BF

“ My heartfelt sympathy goes out to the family of Doug Frederick. "Jeep" a.k.a. " Big Fred" had a huge heart and was kind to everyone he met. He was truly one of a kind. He loved talking about Ankeny sports and all the memories from years past. Rest In Peace "Jeep". You will be missed, but the memories will live on forever.

*Bob Fontana. .*

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**Bob Fontana** - September 24, 2020 at 05:19 PM

ME

“ Fred and his nephew John came to uptown food and beverage several times a week for dinner. He was the kindest most caring and giving person I know.



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**Melanie** - September 23, 2020 at 10:02 PM

GA

“ So sorry for your loss.



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**Greg Armitage** - September 23, 2020 at 10:01 PM

KR

“ Kathy (Peterman) Rose lit a candle in memory of Doug Frederick



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**Kathy (Peterman) Rose** - September 23, 2020 at 06:36 PM

AJ

“ *RIP Jeep. Always remembered that big dude, never knew how he got his nickname until today.*

**Allan Juhl** - September 23, 2020 at 03:11 PM

 Lysa Youngquist

Love  This

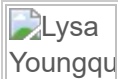
**Lysa Youngquist** - September 23, 2020 at 03:14 PM

JW

“ *Jason Welder lit a candle in memory of Doug Frederick*



**Jason Welder** - September 23, 2020 at 01:56 PM

 Lysa Youngquist

*Oh Jason. How thoughtful. Thank you so much.*

**Lysa Youngquist** - September 23, 2020 at 03:15 PM

RF

“ *ROXANE M FONTANA lit a candle in memory of Doug Frederick*



**ROXANE M FONTANA** - September 23, 2020 at 01:35 PM

RF

*May God rest your beautiful caring soul Doug ~*

**Roxane Fontana** - September 23, 2020 at 01:37 PM

DS

“ *Dan Smith lit a candle in memory of Doug Frederick*



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**Dan Smith** - September 23, 2020 at 01:27 PM



Lysa Youngquist

*Dan, I am so grateful to have a kind caring compassionate boss in you. It means so much. Thank you.*

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**Lysa Youngquist** - September 23, 2020 at 03:17 PM

SA

“ *Sandra Allgood lit a candle in memory of Doug Frederick*



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**Sandra Allgood** - September 23, 2020 at 12:58 PM